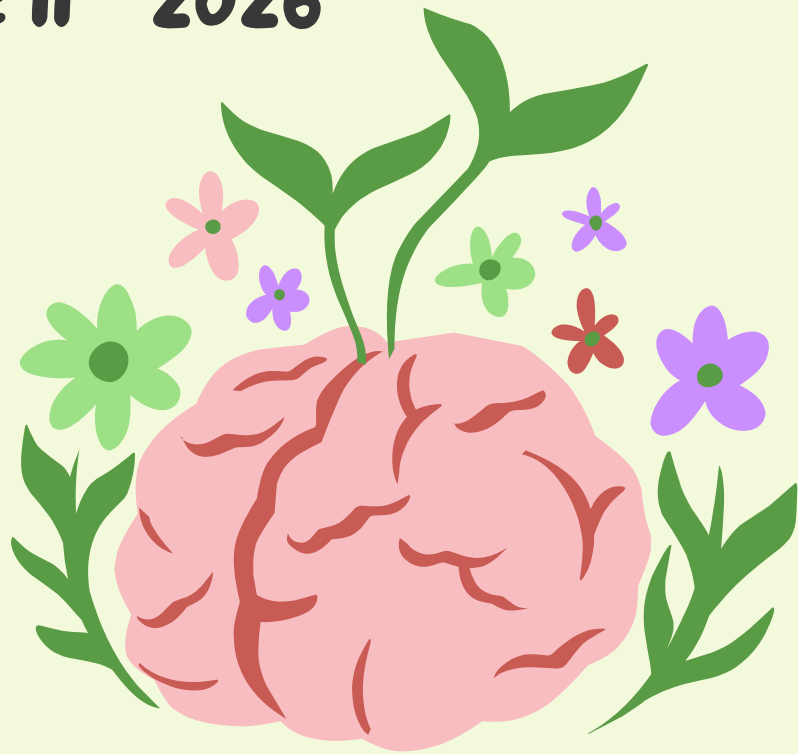


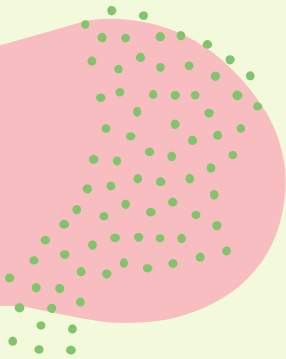
Master Class Interactive Workbook: "The Invisible Burden: Supporting the Emotional & Psychological Layers of Chronic Illness with Flower Essences"

Part I- Flower Essence & Physical Layer
August 11th, 2026



with Lorrie Hargis, RA, CFEP





Part 1: Flower Essence



Date: August 11th at 1:00 PM EST

Introduction:

Standard health protocols often fail because they only treat symptoms. To achieve true healing, we must look at what lies beneath the surface. Flower essence therapy allows us to map and balance the subtle energetic and emotional roots of chronic illness.

- ***Layer 1: What is a Flower Essence?***

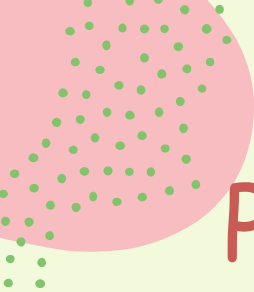
- ***Notes:***

- ***Are Flower Essences contraindicated?***



- ***Application to Note (e.g., 4 drops under the tongue 4 times daily except in acute conditions):***



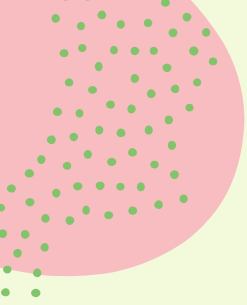


Part 1: Layer 1- Physical Illness

- ***Layer 1: Physical Illness (Overwhelm, Pain, Suffering)***
- ***Notes:***

- ***Essence Strategy: Managing the acute survival stress and nervous system overwhelm caused by bodily pain.***
 - ***Remedies to Note (e.g., Rescue Remedy for stress / Olive for exhaustion / Elm for overwhelm):***
- 





Part 2: Layer 2- Grief (Loss of Self)

Layer 2: Grief (Loss of Self)

- **Notes:**

- ***Essence Strategy: Processing the deep mourning of who you used to be before the chronic diagnosis.***
- ***Remedies to Note (e.g., Honeysuckle for the past / Walnut for transition):***





Part 2: Layer 3- Psychogocial Distress (Guilt & Shame)

The Hidden Layers

- ***Layer 3: Psychological Distress (Guilt & Shame)***

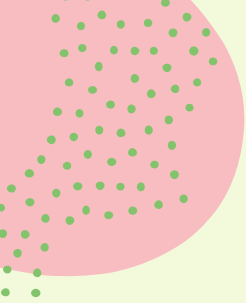
- ***Notes:***

- ***Essence Strategy: Clearing the hidden self-blame, feeling like a burden, or body-shame loops.***



- ***Remedies to Note (e.g., Pine for guilt / Crab Apple for body shame):*** _____





Part 2: Layer 4-Social Isolation

- ***Layer 4: Social Isolation (The Invisible Illness)***

- ***Notes:***

- ***Essence Strategy: Overcoming the loneliness, disconnection, and protective walls built when others can't see or understand your pain.***

- ***Remedies to Note (e.g., Heather for being unheard / Mariposa Lily for connection):***





TAKE THE NEXT STEP TO PROFESSIONAL MASTERY



The Flower Essence Practitioner Certification Program

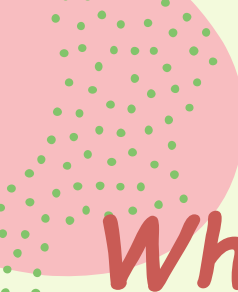
Cohort Begins: August 20, 2026

Over the last two days, you have learned how to look beneath the surface and map the 4 Layers of Chronic Health. However, knowing the map is just the first step. To safely guide yourself or your clients through deep physical suffering, grief, guilt, and social isolation without causing an energetic crisis, you need a systematic, professional blending protocol.



The Flower Essence Practitioner Course is a comprehensive, professional training program designed to take you from a passionate beginner or active healer into a confident, certified master of vibrational medicine.





What You Will Master Inside the Program:

-  **Dual-System Mastery: Work confidently with both the 38 Bach Flower Remedies and the 12 Flower Essence Society (FES) Remedies.**
 -  **Advanced Synergy: Learn Lorrie's signature methods for safely combining Flower Essences with Essential Oils for enhanced clinical results.**
 -  **The 4-Layer Protocol: Master client intake frameworks, clinical case-taking, dosage bottle creation, and managing long-term emotional integration.** 
 - **Click here -**
<https://www.lorriehargis.com/flower-essence-certification-program/>
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